



New Nonprofit for College Women Facilitates Authentic Conversation

Washington, DC—Mother-daughter duo, Patricia Charrier Attman and Sarah Rose Attman, are thrilled to announce the launch of their new non profit foundation for college women: The Red Tent Foundation.

The concept was inspired by Sarah's experience as a female college student from 2006-2010 where she sensed an underlying oppression based on gender.

"There was always a certain unspoken pressure to be perfect," says Sarah. "As a female, I felt it was more important to look a certain way or act a certain way rather than be who I really was. I felt compelled to create a space on college campuses for women to take off the mask that society tells us to wear and just talk about the realities of our experiences."

The symbolism of the red tent dates back to ancient times in Jacob's tribe. It is believed that during this nomadic era women gathered in a special tent during menstruation to separate their impurities from the rest of the tribe. Within the confines of the tent these women experienced a unique sense of camaraderie, fellowship, community, and support among their mothers, sisters, daughters, and aunts.

Patricia Charrier Attman, MD is the medical director for the new organization. She works as a psychiatrist for college students and serves as an associate professor at the University of Maryland.

"I see countless young adults for issues such as anxiety, depression, eating disorders and addiction. College students feel the weight of societal demands in conflict with how they self identify. This pressure can affect them negatively."

The mission of The Red Tent Foundation is to improve the lives of college students, by focusing on emotional health, spirituality, building authentic community, body image and facilitating authentic conversation about being a woman in today's world. We implement these goals by traveling to college campuses throughout the country and setting up a physical red tent as both a symbol and an event space.

To learn more about the foundation or to inquire about making a donation, please visit www.redtentfoundation.org or email info@redtentfoundation.org